

NVRGC - A Guide for Parents/Guardians

Timekeeping & Attendance

Please ensure your child is ready to begin training at the appointed start time to avoid causing your child distress at being late and to avoid disrupting the session.

Collect your child promptly at the end of a session; whilst we recognise that lateness is sometimes unavoidable we are not a free babysitting service.

Please inform the club of any absence and in situations when lateness is unavoidable.

Children may not leave the gym without a responsible adult.

Sickness & Injuries

Please do not bring your child to training if she is sick! Children who have been sick in the past 24hrs should not attend.

If your child has an injury please think carefully whether or not she should train.

If you think your child has an injury please speak to a coach before training begins.

Dress

Always ensure your child is dressed appropriately in a club vest or club leotard. Your child should arrive in a tracksuit or equivalent clothing suitable for sport and must wear socks and trainers.

(Children without a club leotard may train in plain black fitted vest/t-shirt and leggings/shorts)

Jewellery is not to be worn - this includes friendship bracelets, earrings and watches.

Children with newly pierced ears MUST have them covered with tape during sessions.

Hair must be fixed securely in a bun - long ponytails are not permitted.

Fees

Fee sheets are issued every 6 - 8 weeks. Payments can be made by cash, cheque or by BACS payment and payment slips should be returned at the following session. Gymnasts may not train or compete where fees are outstanding. Fees are due regardless of attendance.

Competition and event fees are charged separately and gymnasts may not take part where entry monies are outstanding.