



**NVRGC – SOCIAL MEDIA DURING CORONAVIRUS – TEMPORARY RULE CHANGE**

The club continues to abide by the BG guidance on the use of social media, however in order to support our gymnasts and help them stay engaged during the temporary suspension of classes we have created a Club Instagram Account for members: @NVRGC

The user age for the platform is 13 and therefore parents **must** give express permission for any younger gymnasts to follow and access our posts. Alternatively, parents can use their own account to allow their gymnasts access.

For Safeguarding reasons, the account is Private and we will not follow back.

To be follow the account you must complete and return this form to [nvrgc@hotmail.co.uk](mailto:nvrgc@hotmail.co.uk) email, once you have done this, follow the account to see training videos, gym challenges and stay updated with our activities.

You can also find us on Twitter @NVGRC, there is a closed parents facebook page and of course the club website [www.nenvalleyrgc.com](http://www.nenvalleyrgc.com)

We hope you will use this resource and continue your child’s love of rhythmic gymnastics.

Gymnast Name: .....

Date of Birth: ..... Membership Number: .....

Instagram account requesting access: .....

This account belongs to: .....

I give permission for my gymnast(s) to access the @NVRGC Instagram Account:

Parent Name: .....

Parent Signature: .....

Date: .....

NVRGC  
29/03/2020



NVRGC  
29/03/2020

